

Shake It Off

Choreographed by: Sandy Garrish

Music: Shake It Off by Taylor Swift

Description: Four wall beginner line dance. Starts after the 16 count intro

RIGHT SIDE STEP, TOUCH LEFT & CLAP, LEFT SIDE STEP, TOUCH RIGHT & CLAP, REPEAT

1 – 4 Step right to right side, touch left together and clap, step left to left side, touch right together & clap

5 – 8 Step right to right side, touch left together and clap, step left to left side, touch right together & clap

RIGHT VINE, LEFT VINE

1 – 4 Step right to right, step left behind, step right to right, touch left together

5 – 8 Step left to left, step right behind, step left to left, touch right together

RIGHT ROCKING CHAIR, STEP RIGHT FORWARD, HOLD, ¼ TURN LEFT, HOLD

1 – 4 Rock forward on right, recover to left, rock back on right, recover to left

5 – 8 Step forward right, hold, turn ¼ turn left, hold

HEEL STRUTS FORWARD

1 – 4 Step right heel forward, drop the toe, step left heel forward, drop the toe

5 – 8 Step right heel forward, drop the toe, step left heel forward, drop the toe

If you like you can snap fingers and Shake, Shake, Shake during this set

Tag – At the end of wall 13 - after the talking section - the music stops for four beats as you finish the heel struts then starts to build up again for four beats (you'll be facing 9:00). When music stops, cross right over left and unwind ¾ turn to the left (end facing 12:00) then start again with the chorus.