

# REGRESA

Choreographed by: Ruben Luna

Music: **Regresa** by **Calo**

Descriptions: 32 count, 4 wall - Intermediate level. Dance begins after 48 counts on vocals  
Approx. 27 secs.

## **Step Left To Left Side, Cross Rock Recover, Triple To Right, Hinge ½ Turn Right, Step Together, Triple To Left**

- 1-3 Step left to left side, cross rock right over left, recover onto left
- 4&5 Step right to right side, step left next to right, step right to right side
- 6-7 Hinge ½ turn to right stepping left to left side **(6:00)**, step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side

## **Rock Recover, ¼ Turn Left Step, Cross, Step, ½ Turn Left, ¼ Turn Left, Cross Shuffle**

- 2-3 Rock right foot back, recover forward onto left
- 4&5 ¼ turn left step right back **(3:00)**, cross left back over right, step right foot back  
(when doing 4&5 do a slight arc, looking left and beginning to turn over left shoulder)
- 6-7 ½ turn left step left forward **(9:00)**, ¼ turn left step right to right side **(6:00)**
- Note: Counts 4&5, 6, 7 travel towards 9:00 wall in a smooth curve
- 8&1 Cross left in front of right, step right to right side, cross left over right

## **Box Step with Lock Steps**

- 2-3 Step right to right side, step left next to right
- 4&5 Step right back, lock step left over right, step right back
- 6-7 Step left to left side, step right next to left
- 8&1 Step forward with left, lock step right behind left, step left forward (left toe out to prep for left turn)

## **½ Turn Left, ½ Turn Left, ¼ Turn Rock Recover Cross, Step Left ,Right, Triple To Left**

- 2-3 ½ turn left step right foot back **(12:00)**, ½ turn left step left forward **(6:00)**
- 4&5 ¼ Turn Left step right to right side **(3:00)**, recover onto left, cross right over left
- 6-7 Step left to left side, step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side (first step of new wall)