

# Dancing Backwards

**Choreographed by** Jan Smith

**Description** 32 counts. Easy Intermediate Partner Dance Start in Side by side position facing LOD  
Ladies steps written men's steps opposite unless specified

**Music:** Dancing Backwards - Brandon Sandefur - 104 bpm CD Walking Backwards

## **STEP BACK, BACK, COASTER STEP, WALK FORWARDS, FORWARDS, SHUFFLE**

- 1-2 Step back on right, back left
- 3&4 Step back on right, close left to right, step forward right
- 5-6 Walk forward left, forward right
- 7& 8 Left shuffle forward stepping left, right, left

## **TURN 1/4 LEFT, SIDE, CLOSE, SIDE CLOSE SIDE**

- 1-2 Turning 1/4 left to face partner step right to right, close left to right
- 3&4 Step right to right, close left to right, step right to right  
(*Join both hands*)

## **MAN: ROCK BACK RIGHT, RECOVER, RIGHT SIDE CLOSE SIDE**

- 5-6 Rock back on right, recover weight to left
- 7&8 Step right to right side, close left to right, step right to right.

## **LADY: ROCK FORWARD LEFT, RECOVER, LEFT SIDE CLOSE SIDE**

- 5-6 Rock forwards on left, recover weight to right
- 7&8 Step left to left side, close right to left, step left to left.

## **MAN: ROCK FORWARD LEFT, RECOVER, LEFT SIDE CLOSE, TURN 1/4 LEFT**

- 1-2 Rock forwards on left, recover weight to right
- 3&4 Step left to left side, close right to left, step left 1/4 left. (*to face LOD Release left hand*)

## **LADY: ROCK BACK RIGHT, RECOVER, RIGHT SIDE CLOSE 1/4 TURN RIGHT**

- 1-2 Rock back on right, recover weight to left
- 3&4 Step right to right side, close left to right, step right 1/4 right. (*to face LOD Release right hand*)

## **STEP PIVOT 1/2, SHUFFLE**

- 5-6 Step forwards left, pivot 1/2 right, weight now on right (*Release hands as you turn*)
- 7&8 Shuffle forwards, left right left (*Join inside hands*)

## **STEP PIVOT 1/2, POINT SIDE, STEP FORWARDS, TOUCH, KICK, BACK SHUFFLE**

- 1-2 Step forwards right, pivot 1/2 left, weight now on left (*Release hands as you turn*)
- 3-4 Point right foot to right, step forwards on right
- 5-6 Touch left by right, kick left forwards
- 7-8 Shuffle backwards stepping left right left

***START AGAIN & ENJOY***